



Part of the National Family Caregiver Support Initiative
as directed by Title III-e of the Older Americans' Act.

Are you a caregiver needing assistance? Alabama Cares can help!

SERVICES INCLUDE:

- Assistance obtaining services
- Counseling and support groups
- Respite to provide a break
- Supplemental Services
- Information about other services and resources

WHO WE SERVE:

- Unpaid caregivers who provide at least 20 hours of service to a loved one 60 or older or any age with a dementia diagnosis.
- Older relative caregiver caring for an adult child (19-59) with a severe disability.
- Grandparents who are 55 or older caring for children 18 or younger.

Call today to see how we can help!

256-355-4515 or 1-800-AGE-LINE

Learn more online at www.narcog.org.

There is no income requirement to qualify for this program.