



Volunteer Opportunities

- State Health Insurance Assistance Program (SHIP) – Assisting Medicare beneficiaries. Opportunities to make presentations, provide administrative assistance or counsel (training provided by NARCOG staff)
- Ombudsman Program – friendly visitors for Nursing Home and/or Assisted Living residents
- Mr. Fix It – groups are needed to do minor home repairs and construct steps, handrails and wheelchair ramps.

Contact NARCOG at 256-355-4515, extension 246 or cissy.pearson@adss.alabama.gov for more information on one of the listed opportunities.

North Central Alabama Regional Council of Governments

216 Jackson St. SE, P.O. Box C
Decatur, AL 35602
256.355.4515
www.narcog.org