

QPR

Question - Persuade - Refer

Gateway Training Suicide Prevention

Like CPR, **QPR** (Question - Persuade - Refer) is an emergency response to someone in a suicide crisis. Learn how to identify someone in crisis, ask the question and where to refer for help.

September 24th 10:00am

Free online event

Register online or call:

- www.narcog.org
 News and Events
- 256-355-4515 #235 or
- 256-389-3577

Presented by: Angela Manley, LBSW Certified QPR Instructor

This training is offered by NARCOG in partnership with the Ombudsman Program and the Alabama Department of Public Health. CE credits available for Social Workers. This training teaches participants the warning signs for suicide and the three-step **QPR** method.

- Understand suicide as a national and local health problem
- Understand the common myths and facts surrounding suicide behavior
- Learn how to ask about potential suicidal intent
- Learn how to listen and persuade someone to get help
- Learn how to make a professional assistance referral
- Evidence based program that is continually undergoing formal evaluation
- Registered as a "Best Practice" program

